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## **Barium Enema GoLYTELY® Prep**

A barium enema is an X-ray exam that can detect changes or abnormalities in the large intestine (colon).

**Prior to your procedure, you will need to purchase 4 Dulcolax tablets over the counter and obtain your prescription for GoLYTELY®.**

### **The ENTIRE day before your procedure:**

- Do NOT eat any SOLID food.
- You may drink clear liquids the entire day (NO DAIRY).
- Do NOT eat OR drink after midnight. This includes gum, mints, hard candy and/or water.

### **One day prior to procedure:**

- At 12:00 p.m.(noon)-Take 2 Dulcolax tablets
- At 4:00 p.m.-Take 2 Dulcolax tablets.
- At 7:00 p.m. -Drink ½ gallon of GoLYTELY®
- At 10:00 p.m.-Drink ½ gallon of GoLYTELY

**If you have any questions or concerns regarding the instructions or prep directions, please contact the office at 270-922-2500 prior to your procedure.**