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EGD with EMR

Patient: _____

Procedure Date: _____

Location of Procedure:

Ohio County Hospital
1211 Old Main St, Hartford

Owensboro Health Reg. Hospital
1201 Pleasant Valley Rd
Arrival Time: _____

Your physician has requested that you have an EGD with EMR. This is an exam for your upper GI tract with Endoscopic mucosal resection (EMR). This is a specialized therapeutic technique performed during an upper endoscopy (EGD) to remove pre-cancerous, cancerous or other abnormal lesions from the lining of the gastrointestinal (GI) tract. This technique is a less invasive alternative to surgery removal of lesions, which may be early-staged cancer or pre-cancerous.

Please read the following directions prior to your procedure. If you have any questions or concerns about the instructions, please contact the office prior to your procedure.

SURGERY PREP INSTRUCTIONS

1 day before Endoscopy:

Eat a low-fat meal the evening before your procedure.

Morning Procedures

NOTHING TO EAT OR DRINK
after MIDNIGHT, the night before
your procedure.

Afternoon Procedures

YOU MAY drink clear liquids (water, apple juice,
white grape juice, Gatorade, ginger ale, 7up,
Sprite, chicken broth) up until **2 HOURS** before
your arrival time.

Day of Endoscopy:

Medications including heart, blood pressure, and/or seizure medications can be taken the morning of procedure with a little sip of water. DO NOT TAKE ANY ANTACIDS OR CARAFATE BEFORE THE PROCEDURE.

Sedation:

You will receive sedation for your procedure. This helps you relax and feel comfortable during the procedure. When you have sedation, you must follow the instructions listed below or your procedure will be delayed or canceled. You may feel fine after your procedure, but your judgment may be impaired from the sedation medication you receive.

- Arrange to have an adult family member or friend accompany you to your procedure and to other appointments, pick you up from the procedure unit, and drive you home or to your place of lodging.
- The absence of a responsible adult will result in a delay or cancellation of your procedure if plans have not been made for your after-procedure travel.
- Do not drive for the rest of the day. Unaccompanied air travel on the same day as your procedure is not permitted. This is for your safety and the safety of others.

Medications:

If you have Diabetes: Due to fasting prior to the procedure, if you are insulin dependent, you will take **HALF** of your normal morning dose the morning of the procedure. For further questions or concerns regarding insulin, please contact the ordering provider.

If you take blood thinning medications: Blood-thinning medications affect clotting and bleeding. Both the health care provider who manages these medications and the provider doing your procedure will need to decide if your medications need to change. Please make sure that the provider is aware if you are on any of these medications and make sure that you receive directions on when to stop taking these prior to the procedure. Some medications need to be stopped up to 7 days prior to the procedure, so make sure that you have plenty of time to receive these directions. **DO NOT STOP THESE MEDICATIONS WITHOUT INSTRUCTIONS FROM A PROVIDER.**

If you take daily medication(s) outside of the medications listed above, you may do so up until the day prior to the procedure. The morning of your procedure you may take any cardiac (heart), including blood pressure medications, and/or seizure medications with a small sip of water.

If you are taking any weight loss medications: Please notify the provider if you are taking any of the following medications: phentermine (Adipex-P), lorcaserin (Belviq), phendimetrazine (Bontril). You will be provided instructions on how long to hold these prior to your procedure.