



3112 Fairview Drive
Owensboro, KY 42303
Phone: 270-922-2500
Fax: 270-922-2505
info@Landmarkgi.com

Miguel Lalama, MD, MPH

Brittany Davidson, APRN

Simone McCormack, APRN

EGD with Bravo PH Study

Patient: _____ Procedure Date: _____

Location of Procedure:

Ohio County Hospital

1211 Old Main St, Hartford

Owensboro Surgery Center

1000 Breckenridge St, Suite 100

Owensboro Health Reg. Hospital

1201 Pleasant Valley Rd

Arrival Time: _____

Your physician has requested that you have an EGD. This is an examination of your upper GI tract. Your physician has also recommended a Bravo Ph Study. This is a wireless monitoring study that measures the acidity level in your esophagus and determines if your symptoms are caused by reflux.

Please read the following directions prior to your procedure. If you have any questions or concerns about the instructions, please contact the office prior to your procedure.

SURGERY PREP INSTRUCTIONS

7 days before procedure	STOP taking Prilosec (Omeprazole), Protonix (Pantoprazole), Prevacid (Lansoprazole), Nexium (Esomeprazole), Dexilant (Dexlansoprazole), Aciphex, Zegerid, Tagamet (Cimetidine).
5 days before procedure	STOP taking any non-steroidal anti-inflammatories or NSAIDs (e.g. Motrin, Advil, Ibuprofen, Feldene, Naprosyn, Nuprin, Celebrex and Vioxx).
3 days before procedure	STOP taking Pepcid (Famotidine) Tagamet (Cimetidine), Axid (Nizatidine).
1 day before procedure	These medications <u>should be stopped the day before your procedure</u> : Alka-Seltzer, Gaviscon, Maalox, Milk of Magnesia, Mylanta, Phillips, Tums Eat a low-fat meal the evening before your procedure.
On the day of your procedure	Medications including heart, blood pressure, and/or seizure medications can be taken the morning of procedure with a <u>little sip</u> of water.

<p><u>Morning Procedures</u></p> <p>NOTHING TO EAT OR DRINK after MIDNIGHT, the night before your procedure.</p>	<p><u>Afternoon Procedures</u></p> <p>YOU MAY drink clear liquids (water, apple juice, white grape juice, Gatorade, ginger ale, 7up, Sprite, chicken broth) up until 2 HOURS before your arrival time.</p>
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Sedation:

You will receive sedation for your procedure. This helps you relax and feel comfortable during the procedure. When you have sedation, you must follow the instructions listed below or your procedure will be delayed or canceled. You may feel fine after your procedure, but your judgment may be impaired from the sedation medication you receive.

Arrange to have an adult family member or friend accompany you to your procedure and to other appointments, pick you up from the procedure unit, and drive you home or to your place of lodging. The absence of a responsible adult will result in a delay or cancellation of your procedure if plans have not been made for your after-procedure travel.

Do not drive for the rest of the day. Unaccompanied air travel on the same day as your procedure is not permitted. This is for your safety and the safety of others.

Medications:

If you have Diabetes: Due to fasting prior to the procedure, if you are insulin dependent, you will take HALF of your normal morning insulin dose the morning of your procedure. For further questions or concerns regarding insulin, please contact the ordering provider.

If you take blood thinning medications: Blood-thinning medications affect clotting and bleeding. Both the health care provider who manages these medications and the provider doing your procedure will need to decide if your medications need to change. Please make sure that the provider is aware if you are on any of these medications and make sure that you receive directions on when to stop taking these prior to the procedure. Some medications need to be stopped up to 7 days prior to the procedure, so make sure that you have plenty of time to receive these directions. **DO NOT STOP THESE MEDICATIONS WITHOUT INSTRUCTIONS FROM A PROVIDER.**

If you take daily medication(s) outside of the medications listed above, you may do so up until the day prior to the procedure. The morning of your procedure you may take any cardiac (heart) meds, including blood pressure medications, and/or seizure medications with a small sip of water.

If you are taking any weight loss medications: Please notify the provider if you are taking any of the following medications: Phentermine (Adipex-P), Lorcaserin (Belviq), or Phendimetrazine (Bontril). You will be provided instructions on how long to hold these prior to your procedure.