



3112 Fairview Drive
Owensboro, KY 42303
Phone: 270-922-2500
Fax: 270-922-2505
info@Landmarkgi.com

Miguel Lalama, MD, MPH

Brittany Davidson, APRN

Simone McCormack, APRN

AFTER INGESTION OF PILLCAM

PATIENT: _____

DATE: _____

Pillcam® ingested at	
(OFFICE USE ONLY: +2 hours)	
You may start drinking colorless liquids at	
(OFFICE USE ONLY: +2 hours)	
You may eat a light snack at	
(OFFICE USE ONLY: +4 hours)	
Resume normal diet at	
Return Recorder and Belt to our office by 5:00pm on the same day or the next day between 8:00am-5:00pm. We are closed for lunch from 12:00-1:00.	

PATIENT RESPONSIBILITY FOR PILLCAM RECORDER

- DO NOT let the recorder get wet
- DO NOT bend the wires or let them get pulled or kinked
- DO NOT bend the belt after removing it
- DO NOT let the monitor sit in the sun or other heat source
- DO NOT shower or bathe during this procedure
- KEEP this monitor positioned in a safe place so that it will not get bumped or smashed

After ingesting the Pillcam®	<ul style="list-style-type: none"> • Contact your doctor or dial 911 if you suffer from any abdominal pain, nausea or vomiting while the Pillcam is inside of you. • Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement. • Be sure the sensor belt stays secure at the waist. Do not remove the belt or recorder at any time until the procedure is over. • Treat the recorder carefully. Avoid sudden movements and banging of the recorder. • Check the blue flashing Pillcam® recorder every 15 minutes or so to be sure it is blinking every couple of seconds. If it stops blinking or changes color, note the time and contact your doctor. • After swallowing the capsule, you can resume normal activities, but DO NOT eat or drink anything for TWO HOURS. • After TWO hours have passed, you can have LIQUIDS. • After FOUR hours have passed, you can resume a normal diet. • After EIGHT hours, you may remove the belt.
8 hours after ingestion	<ul style="list-style-type: none"> • If the monitor shows an image of an hourglass and an exclamation point, you may take off the belt. • If you see that you have passed the camera in your stool, you may take off the belt. The camera is disposable and can be flushed with the stool. *You do not need to save the capsule or return the capsule to the office. • DO NOT bathe or shower while you are wearing the belt. Do not remove the belt to bathe or shower until the procedure is complete.
<p>You should not have an MRI within 30 days of your Pillcam procedure.</p>	
<ul style="list-style-type: none"> • Please return the belt and monitor to our office by 5:00 on the same day of your procedure, or the next day (8a-12p or 1p-5p). 	